

SWIM PEI STANDARDS SHORT COURSE 25 M

B	A	AA	AAA		AAA	AA	A	B
10 & UNDER GIRLS					10 & UNDER BOYS			
42.99*	38.89*	33.29*	30.59*	50 M Free	31.59*	34.19*	38.09*	41.99*
1:38.99*	1:28.39*	1:14.39*	1:07.39*	100 M Free	1:10.29*	1:16.99*	1:26.99*	1:36.99*
3:40.09*	3:15.99*	2:43.89*	2:27.79*	200 M Free	2:31.29*	2:44.99*	3:05.69*	3:26.29*
7:21.99*	6:37.79*	5:38.89*	5:09.39*	400 M Free	5:18.59*	5:47.59*	6:30.99*	7:14.39*
51.99*	46.29*	38.69*	34.89*	50 M Back	37.09*	40.99*	46.79*	52.69*
1:52.69*	1:40.19*	1:23.49*	1:15.19*	100 M Back	1:19.39*	1:27.09*	1:38.69*	1:50.29*
58.89*	52.49*	44.09*	39.79*	50 M Breast	41.19*	45.29*	51.39*	57.59*
2:10.49*	1:55.99*	1:36.69*	1:26.99*	100 M Breast	1:29.79*	1:38.29*	1:51.09*	2:03.89*
52.39*	46.19*	37.99*	33.79*	50 M Fly	35.29*	39.09*	44.79*	50.49*
2:05.99*	1:49.49*	1:27.49*	1:16.49*	100 M Fly	1:20.89*	1:31.39*	1:47.19*	2:03.09*
1:52.39*	1:40.39*	1:24.49*	1:16.49*	100 M IM	1:19.89*	1:27.19*	1:38.09*	1:48.99*
4:01.09*	3:35.79*	3:02.09*	2:45.29*	200 M IM	2:52.49*	3:08.89*	3:33.49*	3:58.09*
11 YEAR OLD GIRLS					11 YEAR OLD BOYS			
38.59*	35.89*	31.89*	29.19*	50 M Free	30.19*	32.89*	35.69*	38.39*
1:24.39*	1:18.39*	1:09.29*	1:03.29*	100 M Free	1:05.99*	1:11.99*	1:17.99*	1:23.99*
3:03.19*	2:50.09*	2:30.49*	2:17.39*	200 M Free	2:23.19*	2:36.19*	2:49.29*	3:02.29*
6:32.09*	6:04.09*	5:22.09*	4:54.09*	400 M Free	5:03.69*	5:31.29*	5:58.89*	6:26.49*
13:34.39*	12:36.29*	11:08.99*	10:10.79*	800 M Free	10:35.09*	11:32.79*	12:30.59*	13:28.29*
26:01.19*	24:09.69*	21:22.39*	19:30.89*	1500 M Free	20:16.49*	22:06.99*	23:57.59*	25:48.19*
43.79*	40.69*	35.99*	32.89*	50 M Back	34.89*	38.29*	41.79*	45.19*
1:37.19*	1:29.49*	1:17.99*	1:10.39*	100 M Back	1:14.39*	1:21.99*	1:29.69*	1:37.39*
3:24.29*	3:09.69*	2:47.79*	2:33.19*	200 M Back	2:40.69*	2:55.29*	3:09.89*	3:24.49*
49.59*	46.09*	40.79*	37.19*	50 M Breast	38.99*	42.99*	47.09*	51.09*
1:49.49*	1:41.39*	1:29.29*	1:21.19*	100 M Breast	1:24.29*	1:32.59*	1:40.99*	1:49.29*
3:53.89*	3:37.19*	3:12.09*	2:55.39*	200 M Breast	3:01.69*	3:18.29*	3:34.79*	3:51.29*
42.09*	39.09*	34.59*	31.59*	50 M Fly	33.39*	36.89*	40.39*	43.89*
1:38.09*	1:30.19*	1:18.49*	1:10.69*	100 M Fly	1:14.49*	1:22.59*	1:30.69*	1:38.79*
3:30.09*	3:15.09*	2:52.59*	2:37.59*	200 M Fly	2:44.99*	2:59.99*	3:14.99*	3:29.99*
1:36.19*	1:29.29*	1:18.99*	1:12.19*	100 M IM	1:15.59*	1:22.59*	1:29.59*	1:36.59*
3:26.19*	3:11.49*	2:49.39*	2:34.69*	200 M IM	2:43.19*	2:59.09*	3:14.89*	3:30.69*
7:20.59*	6:49.19*	6:01.89*	5:30.49*	400 M IM	5:46.59*	6:18.09*	6:49.59*	7:21.09*
12 YEAR OLD GIRLS					12 YEAR OLD BOYS			
37.29*	34.69*	32.19	28.29*	50 M Free	28.29*	30.89*	33.16	35.99*
1:21.29	1:15.49	1:06.79	1:00.99	100 M Free	1:01.69*	1:07.29*	01:12.3	1:18.49*
2:57.69*	2:44.99*	2:25.99*	2:13.29*	200 M Free	2:14.39*	2:26.69*	02:38.9	2:51.09*
6:14.39*	5:47.69*	5:07.59*	4:40.79*	400 M Free	4:46.89*	5:12.99*	05:37.8	6:05.19*
12:57.19	12:01.69	10:38.49	9:42.89	800 M Free	9:59.99*	10:54.59*	11:48.3	12:43.59*
24:45.29*	22:59.19*	20:20.09*	18:33.99*	1500 M Free	19:01.89*	20:45.69*	22:33.9	24:13.39*
42.49*	39.49*	34.89*	31.89*	50 M Back	32.59*	35.79*	38.75	42.29*
1:34.19*	1:26.79*	1:15.59*	1:08.19*	100 M Back	1:09.89*	1:17.09*	01:22.1	1:31.59*
3:15.29*	3:01.29*	2:40.39*	2:26.49*	200 M Back	2:29.89*	2:43.59*	02:58.1	3:10.79*
47.59*	44.19*	39.09*	35.69*	50 M Breast	36.19*	39.99*	43.72	47.39*
1:44.59*	1:36.89*	1:25.29*	1:17.59*	100 M Breast	1:17.99*	1:25.69*	1:33.49*	1:41.19*
3:43.99*	3:27.99*	3:03.99*	2:47.99*	200 M Breast	2:49.69*	3:05.19*	3:20.59*	3:35.99*
40.69*	37.79*	33.39*	30.49*	50 M Fly	31.19*	34.49*	36.89	40.99*
1:33.99*	1:26.49*	1:15.19*	1:07.69*	100 M Fly	1:09.39*	1:16.89*	01:22.1	1:32.09*
3:19.19*	3:04.99*	2:43.69*	2:29.39*	200 M Fly	2:32.89*	2:46.79*	3:00.69*	3:14.59*
1:33.29*	1:26.59*	1:16.59*	1:09.99*	100 M IM	1:09.89*	1:16.39*	1:22.89*	1:29.39*
3:19.59*	3:05.29*	2:43.89*	2:29.69*	200 M IM	2:31.99*	2:46.69*	3:00.09	3:16.19*
7:04.49*	6:34.19*	5:48.69*	5:18.39*	400 M IM	5:23.89*	5:53.39*	6:22.79*	6:52.29*
13 YEAR OLD GIRLS					13 YEAR OLD BOYS			
36.89*	34.29*	30.39*	27.69*	50 M Free	27.19*	29.59*	32.09*	34.49*
1:19.89*	1:14.19*	1:05.59*	59.89*	100 M Free	59.09*	1:04.49*	1:09.89*	1:15.29*
2:52.59*	2:40.29*	2:21.79*	2:09.49*	200 M Free	2:08.49*	2:20.19*	2:31.89*	2:43.49*
6:05.69*	5:39.59*	5:00.39*	4:34.29*	400 M Free	4:33.99*	4:58.89*	5:23.89*	5:48.79*
12:33.89*	11:40.09*	10:19.29*	9:25.39*	800 M Free	9:29.09*	10:20.79*	11:12.49*	12:04.29*
23:54.69*	22:12.19*	19:38.49*	17:55.99*	1500 M Free	18:01.69*	19:39.99*	21:18.29*	22:56.69*
01:28.3	01:22.0	1:12.49*	1:06.19*	100 M Back	1:05.49*	1:11.39*	1:17.39*	1:23.29*
3:09.99*	2:56.39*	2:36.09*	2:22.49*	200 M Back	2:21.89*	2:34.79*	2:47.69*	3:00.59*
1:40.09*	1:32.99*	1:22.29*	1:15.09*	100 M Breast	1:13.59*	1:20.19*	1:26.89*	1:33.59*
3:37.59*	3:22.09*	2:58.79*	2:43.19*	200 M Breast	2:39.19*	2:53.69*	3:08.19*	3:22.69*
1:27.09*	1:20.89*	1:11.59*	1:05.29*	100 M Fly	1:04.49*	1:10.39*	1:16.29*	1:22.09*
3:13.69*	2:59.79*	2:39.09*	2:25.29*	200 M Fly	2:23.19*	2:36.19*	2:49.29*	3:02.29*
3:14.09*	3:00.19*	2:39.39*	2:25.59*	200 M IM	2:24.39*	2:37.49*	2:50.59*	3:03.69*
6:52.69*	6:23.19*	5:38.99*	5:09.49*	400 M IM	5:07.09*	5:35.09*	6:02.99*	6:30.89*

B	A	AA	AAA		AAA	AA	A	B
14 YEAR OLD GIRLS					14 YEAR OLD BOYS			
36.09*	33.23*	29.59*	28.39*	50 M Free	26.09*	27.29*	30.79*	33.19*
1:18.49*	1:12.57*	1:04.49*	1:01.69*	100 M Free	56.99*	59.59*	1:07.39*	1:12.49*
2:49.29*	2:37.19*	2:18.99*	2:12.99*	200 M Free	2:03.89*	2:09.49*	2:26.39*	2:37.69*
5:58.49*	5:32.89*	4:54.49*	4:41.69*	400 M Free	4:25.39*	4:37.39*	5:13.59*	5:37.69*
12:22.79*	11:29.69*	10:10.19*	9:43.59*	800 M Free	9:10.59*	9:35.59*	10:50.69*	11:40.79*
23:17.39*	21:37.59*	19:07.89*	18:17.99*	1500 M Free	17:26.89*	18:14.49*	20:37.19*	22:12.39*
1:25.79*	1:19.69*	1:10.49*	1:07.39*	100 M Back	1:02.59*	1:05.49*	1:13.99*	1:19.69*
3:05.39*	2:52.19*	2:32.29*	2:25.69*	200 M Back	2:16.39*	2:22.59*	2:41.19*	2:53.59*
1:38.59*	1:31.59*	1:20.99*	1:17.49*	100 M Breast	1:10.79*	1:13.99*	1:23.69*	1:30.09*
3:32.39*	3:17.19*	2:54.49*	2:46.89*	200 M Breast	2:34.19*	2:41.19*	3:02.19*	3:16.19*
1:25.19*	1:19.19*	1:09.99*	1:06.99*	100 M Fly	1:02.09*	1:04.89*	1:13.39*	1:18.99*
3:08.39*	2:54.99*	2:34.79*	2:27.99*	200 M Fly	2:17.79*	2:23.99*	2:42.79*	2:55.29*
3:09.69*	2:56.19*	2:35.89*	2:29.09*	200 M IM	2:18.89*	2:25.19*	2:44.19*	2:56.79*
6:43.79*	6:14.99*	5:31.69*	5:17.29*	400 M IM	4:56.79*	5:10.29*	5:50.69*	6:17.69*
15 YEAR OLD GIRLS					15 YEAR OLD BOYS			
35.89*	32.51	29.49*	28.19*	50 M Free	25.59*	26.79*	30.29*	32.59*
1:17.69*	01:11.0	1:03.79*	1:00.99*	100 M Free	55.79*	58.39*	1:05.99*	1:10.99*
2:47.39*	02:34.6	2:17.49*	2:11.59*	200 M Free	2:01.39*	2:06.89*	2:23.39*	2:34.49*
5:53.99*	5:28.39*	4:50.79*	4:38.09*	400 M Free	4:19.99*	4:31.79*	5:07.19*	5:30.89*
12:14.89*	11:19.39*	10:03.69*	9:37.39*	800 M Free	9:00.99*	9:25.59*	10:39.29*	11:28.49*
23:09.49*	21:30.19*	19:01.29*	18:11.69*	1500 M Free	17:10.59*	17:57.39*	20:17.99*	21:51.59*
1:24.69*	1:18.59*	1:09.49*	1:06.49*	100 M Back	1:01.09*	1:03.89*	1:12.19*	1:17.79*
3:02.89*	2:49.79*	2:30.29*	2:23.69*	200 M Back	2:12.99*	2:18.99*	2:37.09*	2:49.19*
1:36.79*	1:29.89*	1:19.49*	1:15.99*	100 M Breast	1:08.89*	1:11.99*	1:21.39*	1:27.69*
3:30.89*	3:15.79*	2:53.19*	2:45.69*	200 M Breast	2:30.69*	2:37.49*	2:57.99*	3:11.69*
1:24.59*	1:18.59*	1:09.49*	1:06.49*	100 M Fly	1:00.49*	1:03.19*	1:11.39*	1:16.89*
3:06.59*	2:53.29*	2:33.29*	2:26.59*	200 M Fly	2:14.59*	2:20.69*	2:39.09*	2:51.29*
3:07.39*	2:54.09*	2:33.99*	2:27.29*	200 M IM	2:15.79*	2:21.99*	2:40.49*	2:52.79*
6:40.19*	6:10.59*	5:28.69*	5:14.49*	400 M IM	4:48.99*	5:02.19*	5:41.59*	6:07.79*
16 YEAR OLD GIRLS					16 YEAR OLD BOYS			
35.49*	31.79	29.19*	27.89*	50 M Free	25.09*	26.29	29.69*	31.99
1:16.99*	01:09.4	1:03.19*	1:00.49*	100 M Free	54.69*	57.19*	1:04.69*	1:09.59*
2:46.39*	02:31.1	2:16.69*	2:10.79*	200 M Free	1:59.19*	2:04.59*	2:20.89*	2:31.69*
5:52.29*	05:21.1	4:49.39*	4:36.79*	400 M Free	4:15.69*	4:27.29*	5:02.19*	5:25.39*
12:10.89	11:04.7	10:00.39	9:34.29	800 M Free	8:53.99*	9:18.29*	10:31.09*	11:19.69*
23:10.09	21:30.79	19:01.89	18:12.19	1500 M Free	16:55.69*	17:41.89*	20:00.39*	21:32.69*
1:23.49*	1:17.59*	1:08.59*	1:05.59*	100 M Back	59.39*	1:02.09*	1:10.19*	1:15.59*
3:01.49*	2:48.59*	2:29.09*	2:22.69*	200 M Back	2:10.29*	2:16.19*	2:33.99*	2:45.79*
1:35.69*	1:28.89*	1:18.59*	1:15.19*	100 M Breast	1:07.69*	1:10.79*	1:19.99*	1:26.19*
3:28.49*	03:12.1	2:51.19*	2:43.79*	200 M Breast	2:27.29*	2:33.99*	2:54.09*	3:07.49*
1:23.39*	1:17.39*	1:08.49*	1:05.49*	100 M Fly	59.49*	1:02.19*	1:10.29*	1:15.69*
3:04.39*	2:51.19*	2:31.49*	2:24.89*	200 M Fly	2:11.49*	2:17.49*	2:35.39*	2:47.29*
3:06.19*	02:50.9	2:32.89*	2:26.29*	200 M IM	2:12.29*	2:18.29*	2:36.39*	2:48.39*
6:35.09*	06:02.8	5:24.59*	5:10.49*	400 M IM	4:46.29*	4:59.29*	5:38.29*	6:04.29*
17+ YEAR OLD GIRLS					17+ YEAR OLD BOYS			
35.39*	32.79*	28.99*	27.79*	50 M Free	24.59	25.69	28.69	31.29
1:16.59*	1:11.09*	1:02.89*	1:00.19*	100 M Free	54.09*	56.49*	1:02.99	1:08.79*
2:45.99*	2:34.19*	2:16.39*	2:10.39*	200 M Free	1:58.09*	2:03.49*	2:18.19	2:30.29*
5:51.29*	5:26.19*	4:48.59*	4:35.99*	400 M Free	4:14.09*	4:25.59*	4:57.19	5:23.39*
12:10.09*	11:17.99*	9:59.69*	9:33.69*	800 M Free	8:50.09*	9:14.19*	10:23.69	11:14.69*
23:04.99	21:26.09	18:57.69	18:08.19	1500 M Free	16:49.79*	17:35.69*	19:35.39	21:25.09*
1:23.49*	1:17.49*	1:08.59*	1:05.59*	100 M Back	58.89*	1:01.59*	1:07.99	1:14.99*
3:00.89*	2:47.89*	2:28.59*	2:22.09*	200 M Back	2:08.89*	2:14.69*	2:29.99	2:43.99*
1:35.69*	1:28.89*	1:18.69*	1:15.19*	100 M Breast	1:07.09*	1:10.09*	1:17.89	1:25.39*
3:27.29*	3:12.49*	2:50.29*	2:42.89*	200 M Breast	2:25.39*	2:32.09*	2:49.89	3:05.09*
1:22.89*	1:16.99*	1:08.09*	1:05.19*	100 M Fly	58.19*	1:00.89*	1:07.59	1:14.09*
3:04.19*	2:50.99*	2:31.29*	2:24.69*	200 M Fly	2:09.89*	2:15.79*	2:32.39	2:45.29*
3:05.29*	2:52.09*	2:32.19*	2:25.59*	200 M IM	2:11.39*	2:17.39*	2:33.99	2:47.29*
6:35.79*	6:07.59*	5:25.19*	5:10.99*	400 M IM	4:42.59*	4:55.39*	5:29.29	5:59.59*

